

SUMMER 2017

# CLAIM YOUR YOUTH



## LOOKING FOR YOUR SUMMER JOB

BY JOAN

Summer. It's a time of barbecues, fireworks, camping and relaxing. There's also another part to summer. Finding that summer job. Summer jobs can provide your "fun money", help save money for college and even get your school clothes and supplies. If you've never looked for a job before, it's hard to know where to start. Below are the basic steps to consider. Follow these and the process will be much simpler.

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Certain industries require more help in the summer months, as that is their busy time of year. Restaurants, movie theaters, swimming pools, daycare and many more are all looking for summer help. Start there. Those industries are the first jobs of most people.

Summer jobs are a great time to start thinking about your long term goals. Look at opportunities that will help you down that path. If you want to be a veterinarian, maybe a local vet clinic needs a receptionist or has an intern program. Restaurant management? Most restaurants look for hosts and servers year round. Healthcare? Maybe your doctor's office could use help filing and receptionist duties to cover summer vacations. Get creative!

Now that you have an idea of what, where do you look? First step, ask your friends and their parents about jobs. They may know of one and help you get in the door. Next, dress respectfully and go to the businesses directly. Introduce yourself to the manager and ask if they need help for the

summer. Depending on the employer, be prepared to interview on the spot. Employers love ambition and ingenuity.

Look at online job boards. Indeed.com is a favorite of employers and job seekers alike. It is a Web aggregator, so it scans the Web and compiles everything to one list. It's simple and efficient.

Now that you have an option or two, it is time to apply. Employers know it is one of your first jobs. They don't expect you to have a lot of experience. Complete the application highlighting the things that make you a great candidate. Were you class treasurer? Mention you have experience with money. Have you been babysitting? You have however many years of experience working with children. Were you editor of your yearbook? Don't forget your leadership experience and ability to multi-task.

*Finally, the interview... continue to read the newsletter for Interviewing 101 tips.*

## Benefits of an Unpaid Internship

by Marissa

There are many reasons to get an internship during your last few years of college, and while it is an added benefit to get a paid internship, unpaid internships have all the same values as paid positions. Getting a job right out of college with no experience in the field you are hoping to go into is a hard task. Businesses are more willing to hire new grads with experience over those who have none. So think about the reason you're getting this internship in the first place, you want experience.

You may be getting experience in a field you love or you may be testing out an area you that peaks your interest. Internships, paid or not, allow you to build your resume with relevant experience that will better your chances of landing a great job, upon graduation. You'll also have access to letters of recommendation and references to distinguish you from other applicants. Unpaid internship positions could become paid internships and eventually full-time job opportunities. Not only do internships give you experience, they also allow you to meet others in the workforce and network. During your internship, you'll get to meet and work with a number of people who can make great contacts when it comes time to find a job.

During my personal experience, I have interned for a public affairs company that specializes in media relations. I have taken lessons learned during my eight semesters of college and applied them to real situations. I have gained real world experience and knowledge.

Although I may have an unpaid intern position, I am still able to use it to my advantage. I get college credit for my time spent working at my internship. I have been able to earn three credits each semester toward my degree. I would've otherwise had to complete them in class. Most colleges offer programs like this. Take a look at your school's internship program to find out.

Ultimately, getting an internship is only going to better you and your future. So don't shy away from unpaid intern positions just because they are unpaid, you're will have a number of opportunities to gain experience and learn valuable lessons during your time!

# How To: Interview Like a Pro (Even if it's Your First Time)

By Jenna

Whether you're just starting out or you've been around the block with a few jobs, there are some critical elements that you should keep in mind to make the best possible impression with a potential employer. Here, we outline five ways to put your best foot forward when you interview for a position.

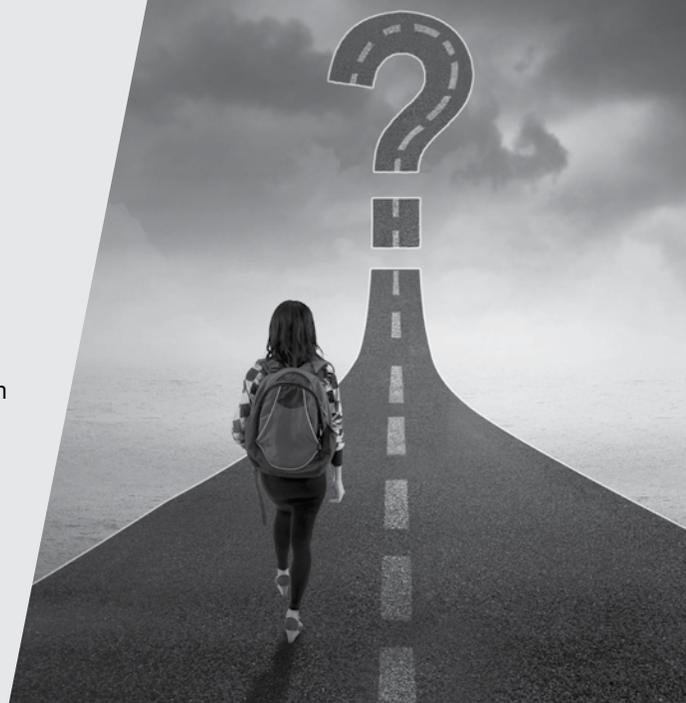
- **LEARN ABOUT THE JOB.** Before you ever set foot in the door, you should know about the job. Make sure you know the duties you'll be asked to do, how much time would be required (this is important if you're trying to balance a job and school), and a little about the company. It's important to prepare.
- **DRESS PROFESSIONALLY.** Making a good first impression starts with dressing your best. For many of you, that doesn't mean finding a power suit; but it does mean paying attention to whether your clothes are clean and free of stains, steering clear of jeans (wear what you would wear to church or a wedding), and avoid wearing tennis shoes. This is the first thing someone interviewing you will see, so try your best to exceed their expectations.
- **SPEAK CLEARLY AND DIRECTLY.** Going in for your first interview can be really tough. You're nervous. You aren't sure what to say or what they will ask. But it's important that when you're addressing the adult interviewing you, you speak clearly when they ask you questions. Look your interviewer in the eye, which will help you make a good impression – and if you're interviewing for a job where you'll work with people, this will be a good way for them to tell how you will act on the job.
- **PRACTICE.** It's important to practice what you will say so that you can be confident in your abilities. Ask a parent, friend or neighbor to give you some questions to practice, such as, "Why do you want this job?" "Why are you a good fit for the job?" or "What do you think are some characteristics of a good employee?" You know what they say – practice makes perfect!
- **SAY "THANK YOU."** After your interview, whether you're heading out the door or sending a card, say thank you. Don't forget this critical element, as employers want to hire someone who is polite, thoughtful and mindful of their time.



# CONTEST TIME

**Our dreams are part of what makes us who we are.  
They help us make our decisions and create our futures.**

Your dream may be to be the next singing sensation, a veterinarian, join the military or run the family business. This is your chance to tell us all about your dreams. Tell us your dream job and why is it your dream in 50 words or less. Send it to [info@claimyouryouth.com](mailto:info@claimyouryouth.com) and your next Starbucks trip could be on us! The winner will be announced in the Fall newsletter. Start dreaming!



A collage of images featuring a person at a laptop, logos for 'CLAIM YOUR YOUTH' and 'CU SubFed', and text boxes for 'Benefits of an Unpaid Internship' and 'How To: Interview Like a Pro'. The background is a collage of various images, including a person at a laptop, a person in a green shirt, and a person in a blue shirt. The text 'CLAIM YOUR YOUTH' is in large, bold, white letters. The 'CU SubFed' logo is in purple and red. The text 'Benefits of an Unpaid Internship' is in red on a white background. The text 'Page 2' is in white on a red background. The text 'How To: Interview Like a Pro' is in white on a blue background. The text 'Pg. 3' is in white on a blue background. The bottom of the collage has a black silhouette of a person's head and shoulders.

**CLAIM  
YOUR  
YOUTH™**



*Benefits of an Unpaid Internship*

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**What's  
Inside**

**How To: Interview  
Like a Pro**

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